

Grand Oak

BUSINESS PARK

Where work comes to life

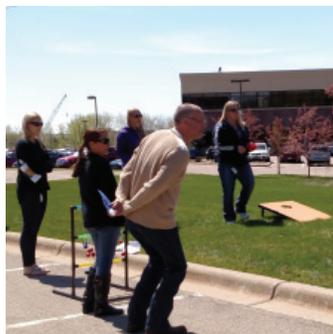
Volume 26 – Summer 2016

Partake in Some Summertime Fun

While we all look forward to the weekend to enjoy outdoor activities during the warm weather months, studies suggest that getting outside during the workday also yields significant benefits in the form of reduced healthcare costs, improved attendance, greater cooperation, increased productivity and better overall office morale.

Grand Oak Business Park strives to provide tenants with a variety of opportunities to enjoy the property's beautiful natural surroundings during the workday:

- Enjoy lunch at one of the picnic tables located along the walking trail around O'Neill Pond.
- Take advantage of the charcoal grills along the walking trail for a casual group lunch or company outing. The grills are available to tenants on a first come, first served basis – bring your own charcoal. Please contact the management office if you want to reserve the patio for a specific date/time.
- For a midday workout, take a walk or jog around O'Neill Pond, which is a 1-mile route with quarter-mile markers to help determine your exact distance.
- For golfers, take advantage of the putting green to help perfect your game.
- Play a lawn game during your lunch break or as a company event. All games, including Bocce Ball, Ladder Golf, Washer Toss, and Bean Bag Toss, are available for check-out at the management office.



TAKE NOTE OF THE UPCOMING DATES:

National Night Out
Tuesday, August 2

**Tenant Appreciation
Ice Cream Social**
Wednesday, August 3

Labor Day
Monday, September 5
(Mgmt. Office Closed)

**Twin Cities
Kidney Walk**
Saturday, October 8

Columbus Day
Monday, October 10

Halloween
Monday, October 31

Let the Games Begin!

The first Olympic Games ever to be held in South America, the 2016 Summer Olympic Games will take place August 5-21 in Rio de Janeiro with opening and closing ceremonies held in the Maracanã Stadium.

THE GAMES IN NUMBERS:

- Prior to 2016, the Summer Olympics have been held 27 times (6 times in North America, 16 in Europe, 3 in Asia and 2 in Oceania).
- Approximately 10,500 athletes from 206 different countries are expected to take part in the 2016 Summer Olympics.
- A total of 306 competitions will be held in 42 different sports over the course of 17 days.
- There will be 37 different venues in four different districts of Rio de Janeiro: Copacabana, whose world-famous beach will host beach volleyball; Barra, home to the Olympic Park; Deodoro, for aquatics, BMX, and equestrian centers; and Maracanã, which features two large stadiums.
- 7.5 million tickets are available for the various events.

- There will be 8,000 employees, 85,000 third party employees and 45,000 volunteers working for the 2016 Olympic Committee in Rio.
- Rugby Sevens will make its debut at the Rio Games, with both the U.S. women's and men's teams considered to be medal contenders. The seven-a-side variant of rugby lasts only 15 minutes per game. The U.S. is a defending rugby champion, of sorts, having won the gold medal in the 15-person version of the game the last time it was featured at the Olympics – in 1924.

Stay on top of the 2016 Summer Olympics and get Team USA updates at www.nbcolympics.com.



Brain Teaser: The Fork in the Road

INSTRUCTIONS:

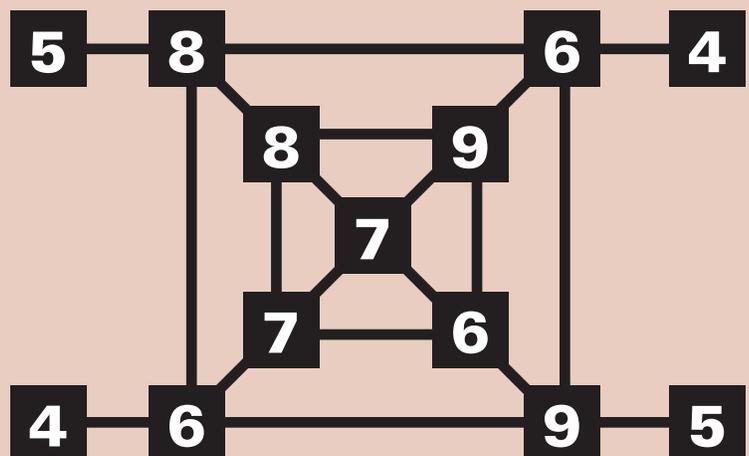
Start at the center number and collect another four numbers by following the paths shown (and not going backwards).

Add the five numbers together.

What is the lowest number you can score?

(Answer on Back Page)

Source: www.sharpbrains.com



Health Benefits of Eating a Summertime Favorite

No other produce says summer quite like watermelon. In addition to adding a burst of color to your plate, this refreshing treat boasts some powerful health benefits too:

- Watermelon contains a lot of potassium, which is very helpful in cleaning or washing out any toxic deposits in the kidneys.
- Watermelon contains an abundance of lycopene, a carotenoid phytonutrient compound that is increasingly linked to cancer prevention.
- A 10-ounce wedge of watermelon packs in about one-third of the recommended daily value of vitamins A and C, which benefit your skin and hair.
- The potassium and magnesium present in watermelon is very beneficial in terms of reducing elevated blood pressure.



- As the name implies, watermelon is a natural diuretic and good for hydration.
- Watermelon contains fiber, which encourages a healthy digestive tract.

Plus, this quintessential summer snack is fat-free, low in sodium and has only 40 calories per cup.

U.S. Dollar Facts

What weighs only 0.035 oz. (1 gram), is only 16 square inches in size, consists of cotton and linen and everyone seems to want more of it? It is the world's most popular currency: the United States dollar. Read on for some interesting facts about the U.S. dollar bill:

- The \$1 bill is the most common denomination of U.S. currency, totaling 45% of all bills (\$1, \$2, \$5, \$10, \$20, \$50 and \$100) produced. There are about two billion \$1 bills in circulation at any given time.
- The security thread in \$5 bills and higher will turn blue if held under ultraviolet light.
- The average life of a \$1 bill is just 18 months, whereas \$5 bills last in circulation for around 15 months and \$20 bills last in circulation for approximately two years. Larger bills (\$50, \$100) can last in circulation up to eight years.
- The \$2 bill was last issued in 2003. Some people save \$2 bills thinking they are rare and valuable, but they are worth just \$2.
- The number 172 can be seen on the back of the \$5 bill in the bushes at the base of the Lincoln Memorial.
- On the \$1 bill, you can see an owl in the upper left-hand corner of the "1" encased in the shield and a spider is hidden in the upper right-hand corner.
- The \$100 bill is referred to as a "benjamin" because it features the portrait of Benjamin Franklin, one of the Founding Fathers of the United States. It is one of the two bills that does not feature a President of the United States; the other is the \$10 bill, featuring Alexander Hamilton. The \$100 bill is also sometimes called a "C-Note" based on the Roman numeral for 100.

Recognizing Grand Oak Tenants

Equus Capital Partners and Transwestern are pleased to introduce the following new tenants at 860 Blue Gentian Road:

IronPlanet, Inc.

MBKS Family Office, LLC

Twin Cities Kidney Walk

Grand Oak and Equus Capital Partners are again joining forces to raise awareness about kidney disease by participating in the 2016 Twin Cities Kidney Walk. For 64 years, the National Kidney Foundation has been the go-to organization for people with kidney disease and because of the efforts of teams like us, they can continue to get the word out through public awareness, patient and medical education, treatment guidelines and research.

The Kidney Walk is the nation's largest walk to fight kidney disease. Held in nearly 100 communities, the event raises awareness and funds lifesaving programs that educate and support patients, their families and those at risk.

The 2016 Twin Cities Kidney Walk will be held Saturday, October 8th, at the Thomson Reuters Corporate Campus, 610 Opperman Drive, Eagan. Check-in time will begin at 9:00 a.m. and the Kidney Walk will start at 10:00 a.m.

Each member of the Equus Twin Cities team is already hard at work fund raising for this great cause, so walk with us or support our efforts with a cash donation at http://donate.kidney.org/site/TR/Walk/NKFServingtheMid-West?team_id=198643&pg=team&fr_id=8293.

Brain Teaser Answer: 30

About Equus Capital Partners, Ltd.

Equus Capital Partners is one of the nation's leading private equity real estate fund managers. Equus' portfolio consists of over 18 million square feet of office, retail, and industrial properties and approximately 12,000 apartment units in 50 communities located throughout the United States. The firm is headquartered in the Philadelphia area with regional offices in Los Angeles, Chicago, Washington D.C., Boston, Atlanta, and Raleigh-Durham. For additional information, please visit the company's website at www.equuspartners.com.



**MANAGED &
LEASED BY:**

TRANSWESTERN®

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